

Registration Information -Deadline -Oct. 13th

A special day for older adults! And for pastors, lay leaders, officers, and anyone else who is a leader in Older Adult Ministry.

Event Schedule

9:00 Worship

9:30 Break

9:45 **Keynote with Rev. Jill Crainshaw,**

Acting Dean and Blackburn Professor of Worship and Liturgical Theology at Wake Forest University School of Divinity, Faculty Director, *Savoring Places, Saving Graces: Liturgy Distilled from Everyday Life (forthcoming)*; Community Leaders; MDiv, Southeastern Baptist Theological Seminary; PhD, Union Theological Seminary/ Presbyterian School of Christian Education

10:30 Break

10:45 Workshops

12:00 Break

12:15 Lunch with Displays & Congregational Nurses

1:00 Workshops

2:20 Closing



Cost

\$30 per person (Lunch Included)

\$25 each for 4 or more from the same congregation when registering together

Scholarships are available – Check with Dianna at dwright@salempresbytery.org

Hotel Information Holiday Inn Express Downtown West

110 Miller Street SW Winston-Salem, North Carolina 27103

The deadline make your reservations has passed. However they will honor the discount if rooms are available. Please call the hotel at 336.721.0220 and mention POAMN.

POAMN

Presbyterian Older Adult Ministries Network

REGIONAL CONFERENCE

“Celebrating the Gift of Aging”

October 19, 2017

Psalm 92:13-14 (NRSV)

“In old age, [the righteous] still produce fruit; they are always green and full of sap, showing that the Lord is upright; God is my rock and there is no unrighteousness in God.”



Designed by Roberta Ihrig
River Landing at Sandy Ridge

[Highland Presbyterian Church](#)

2380 Cloverdale Avenue

Winston Salem, NC 27103

www.poamn.org - [@Facebook](#)

Workshop Options

All workshops are offered twice except #2, #5 #6

1. *Living Longer, Living Stronger*

As life expectancies increase, the goal is not simply to live longer, but to live **stronger** by paying attention to nutrition and physical activity and by staying engaged mentally, socially, and spiritually. Researchers from the Sticht Center for Healthy Aging and Alzheimer's Prevention at the Wake Forest School of Medicine will share the latest research on what it takes to age well.

Morning – Barbara Nicklas, Ph.D., Deputy Director, Sticht Center on Healthy Aging and Alzheimer's Prevention, Professor of Gerontology and Geriatric Medicine, Wake Forest School of Medicine.

Afternoon – Tina Ellis Brinkley, Ph.D., Assistant Professor, Gerontology and Geriatric Medicine, Wake Forest School of Medicine.

2. *Making your Third Thirty a Great Thirty - Morning Only*

The "Third Thirty" (age 60-90) portion of our lives is full of great potential and happiness if we embrace the inevitable changes that face us all. How will we find the courage to give up driving when the time is right? How will we part with the home of our dreams and move into something safer and more manageable?

Register by Paper or online [HERE](#) by Oct. 13th

Please write in the number of the workshop you would like to attend

Name _____

Church _____

Email _____

Phone # _____

1st Workshop @10:45 # _____ 2nd Workshop Two @1:00# _____

Three Other Members for discount @ \$25 each

Name _____

1st Workshop @10:45 # _____ 2nd Workshop Two @1:00# _____

Name _____

1st Workshop @10:45 # _____ 2nd Workshop Two @1:00# _____

Name _____

1st Workshop @10:45 # _____ 2nd Workshop Two @1:00# _____

Lunch Needs _____

TOTAL INCLUDED _____ @ 30 = _____ OR _____ @ \$25 = _____

Checks payable to: Salem Presbytery – **Mail to:** P.O. Box 1763 Clemmons, 27012

Contact Dianna Wright for assistance @ dwright@salempresbytery.org or

call 336-766-3393, 126

(Print on 8x14 double-sided)

7. Thriving Where You Are

I'm often asked, "How do we save our church? We are old and dying. Send us some young people." Well the truth is, most of the members may be in their third thirty of life, but there are still ways the church can have an active, vibrant ministry. During our time together we will discuss the current realities of the church and world. Then discover different ways of thinking about your ministry that will help you focus on *what you have* and *where you are* rather than what is not.

Y. Dianna Wright, Associate Presbyterian for Equip and African American Ministries for Salem Presbytery

8. When Words Fail: Spiritual Care and Dementia

Using lecture, video, discussion and case studies, this seminar will highlight the physiological, emotional, and spiritual effects of dementia. Participants will learn: how to minister to people living with dementia and their caregivers through the various stages of dementia, and effective communication tools.

Kathy Berry, chaplain at Westminster Canterbury of Richmond, a 920 resident continuing Care Retirement Community. She is the chaplain for residents who require memory support, their families, and staff who care for them. In 2016 Kathy published a book, *When Words Fail: Practical Ministry to People with Dementia and their Caregivers*.

#2 Third Thirty continues

How do we overcome our reluctance, or that of our children, to talk about end-of-life decisions? Come and discuss in small groups how to successfully address some of these changes and share your thoughts, insight and experiences with other attendees.

Chris Pomfret, Vice-President of POAMN. He is a recently retired Aerospace Consultant and Ruling Elder at Bath Presbyterian Church, Beavercreek, Ohio.

3. New Every Morning: Hope amidst Grief and Loss

Many older adults feel like one loss follows another and that the grief they experience will never come to an end. In this workshop we will explore the range of emotions that people go through when they grieve and look to scripture to find words of hope embedded in the cries of those who suffer.

Susan MacDonald Roddey, Presbyterian Minister and the Director of Spiritual Life at Abernethy Laurels Retirement Community in Newton, NC.

4. Older Adult Ministry in Action

Come listen and participate in a discussion that will give you new tools, proven methods, and sound ideas for application at home, church, and in retirement communities. Learn from an experienced panel of great communicators who know the ropes and who will respond to your unique concerns.

Michele Hendrix, President, Presbyterian Older Adult Ministries Network; Linda Browne, Chaplain - Salemtowne Retirement Community; Jeane Wooten, - Trinity Presbyterian Church, Winston-Salem.

5. Retired Clergy: Asset or Liability (Afternoon only)

The session will focus on the particular spiritual challenges that retired ministers, spouses and survivors face as they age that are unique to them because of the "rules" of the church that are imposed on them when they retire or die in active ministry. What is the role of the pastor in the church, community and larger church (Presbytery, Synod, and General Assembly of the Presbyterian Church USA) in active ministry? What is the role of the survivor (spouse) if the "pastor" dies while serving the church? What new models might be proposed to the church for retired clergy, spouses and survivors? What models have attempted to be used in

the past and how can we creatively find new ways for retired clergy, spouses and survivors to serve in the church?

Dennis Haines, Retired Presbyterian Pastor, resides in Independence, MO. He is currently the Retired Ministers, Spouses, and Survivors Liaison for POAMN.

6. Rituals and Spirituality in Life's Later Years (Morning only)

Rituals in the lives of older adults, and in particular rituals with spiritual dimensions, are important to a community's broader capacity for celebrating and learning from its collective wisdom and memories. Ritual and spirituality also play vital roles in people's lives as they face mortality and seek to maintain a sense of their own value and identity as their lives and bodies change. Communities that pay attention to the ritual and spiritual dimensions of older people's lives and imagine new ways to ritualize—to mark time—with persons who are aging cultivate well-being for all community members.

Jill Crainshaw, Presbyterian Minister; Acting Dean and Blackburn Professor of Worship and Liturgical Theology at Wake Forest University School of Divinity. Faculty Director, Author of *-Savoring Places, Saving Graces: Liturgy Distilled from Everyday Life (forthcoming)*; Community Leaders; MDiv, Southeastern Baptist Theological Seminary; PhD, Union Theological Seminary/ Presbyterian School of Christian Education